# CARE LGBTQIA+ Support

Get support that's meant for you



Not all health care journeys look the same. If you or a family member are part of the LGBTQIA community, you may be looking for additional resources and support. The UMR CARE team is here for you. Our mission is to make sure you and your family receive the care you need, no matter what you're going through.

# Who is eligible:

CARE LGBTQIA+ Support is part of the Emerging CARE program, which is included in your health care benefits at no additional cost to you. Eligible members must be at least 18 years old to participate.

# What you can expect:

## **Compassionate support**

You will have a network of medical professionals helping you every step of the way. Having one point of contact will help reduce the number of visits to different clinics and coordinate with nurses to get you the care you need. You will also be connected to a clinician who can provide behavioral and emotional support.

### **Educational resources**

The CARE team will provide you with additional information about different treatment options. Dedicated representatives will answer any questions you have about your benefits and what services are available to you.

### **Guidance from experts**

Our experienced team will help you navigate your benefits and get the most out of your plan. They will assist you in finding doctors, clinics and facilities that are the right fit for you and your family.

# Join today:

Call **844-598-7539** to get started.

