



Preventative Wellness

Covered Services

The Hancock Whitney Medical Plans provide an annual preventative wellness benefit through UMR at no out of pocket cost for covered services with a Network Provider. As the health and wellbeing of our Associates remains a top priority, in addition to the standard UMR wellness benefit, Hancock Whitney offers enhanced wellness benefit offerings to cover expanded and more frequent services for our covered Associates and Dependents at no additional cost.

UMR covered services are shown in the chart below. It is important to share this chart with your Network Provider as many of these benefits are unique to the Hancock Whitney Medical Plans.

Hancock Whitney Covered Preventative Services	
Preventative Medicine Evaluation or Re-Evaluation	Covered once per calendar year as part of preventative medicine evaluation or re-evaluation, preventative counseling as appropriate for age or stage of development and risk factors.
Immunizations	Covered based on age: Visit UMR's Immunization Page to see detail about age and frequency.
Blood Pressure	Covered once per calendar year
Lipid Profile	Covered once per calendar year ages 2+
Pelvic / Breast Exam	Covered once per calendar year for women age 12+
Flexible Sigmoidoscopy	Covered once every 5 years in lieu of Colonoscopy for men and women ages 50+
Colonoscopy	Covered once every 10 years in lieu of Flexible Sigmoidoscopy for men and women ages 50+
Autism Screening	Covered for ages 0 - 21
Glucose Screenings*	Covered once per year for individuals age 3+ (not just high-risk)
A1C Screenings*	Covered once every 3 years beginning 2019 for high risk individuals age 3+ (in addition to glucose screenings)
CBC/Hemoglobin/Hematocrit*	Covered once per calendar year, regardless of age
Bone Density*	Covered once per calendar year age 60+ for men and women, and for women under age 60 who are at increased fracture risk.
PSA Screenings*	Covered for ages 40-49 as recommended by a Doctor. Age 50+, covered once per calendar year. A second visit may be covered for ages 40+ for follow up treatment within 60 days after the visit if it related to a condition that is diagnosed during the visit and recommended by the Doctor.
Pap Smears*	Covered once per calendar year, regardless of age. *HPV Testing is only covered once every 5 years
Mammograms*	Covered once per calendar year age 35+
Stool for occult blood*	Covered once per calendar year ages 40+
Urinalysis / Dyslipidemia*	Covered once per calendar year, regardless of age
PKU / Bilirubin*	Covered once per calendar year for newborns



**Denotes benefits/screenings in addition to the standard preventative wellness program.*

For questions regarding the Hancock Whitney Preventative Wellness Benefit, contact Health Advocate at **866-695-8622** or www.healthadvocate.com/hancockwhitney.